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Checklist for patients prior to bladder, kidney, reproductive organs, or prostate ultrasound

Prior to the examination, patients must drink a lot of water and not urinate, because it is very important that the bladder is full before the screening.

Prior to transrectal prostate ultrasound, men are advised:

- to drink a lot of liquids (1 l or more) before the examination;
- to have an enema;
- not to take blood thinners (e.g. aspirin) 1 week prior to the examination.

We recommend that you consult the referring doctor to discuss how to prepare for transrectal prostate ultrasound in detail.